

Vignette

Susan is a 28-year-old female who works at a local bank. This is the first time that she has sought services from a mental health professional. She complains of "lost periods of time." Recently, there have been hours, and even days, that she does not recall. Susan remembers some occurrences of being sexually abused as a child, but many of her childhood memories are gone. She reports that her peers have talked to her about sudden mood changes and have expressed concern about her. She admits to "not feeling like herself" sometimes but cannot explain just how. Susan thinks that she is close to losing her job because of these episodes. Most distressing of all to her are voices that she hears talking to her from inside her head. She does admit to an increase of stress at work, accompanied by bouts of lethargy.

Primary Diagnosis _____